A Day of Hope for Diabetes®

Nichole Johnsen Baker

Far beyond what the name implies, A Day of Hope for Diabetes® offers more than just a promise of optimism for those affected with diabetes and their families — it affords a wealth of vital education and inspiration, flanked by a day-long Product Fair that features the newest and best products to help people with diabetes better manage their illness and their lives.

The event also features 14 hours of classroom education including topics such as,"New Medications and Innovations for Type 2 and Type 1" and "The Heart and Diabetes." This year, we will also be offering a Spanish language program led by Eisenhower's Carlos Lopez, MD.

This 11th A Day of Hope for Diabetes® presents two inspirational speakers. Nicole Johnson Baker, Miss America 1999, who has Type 1 diabetes, promotes diabetes awareness, prevention and early detection as an international advocate/spokesperson, author, journalist, lobbyist and advisor. Nicole has helped raise over $16 million for diabetes research. In 2005, she was named the first Ambassador for the International Diabetes Federation's Life for a Child Program, which advocates for children with diabetes in developing countries around the world.

Another inspirational speaker is Douglas Cairns, the author of Dare to Dream. Douglas, who has Type 1 diabetes, flew his own aircraft around the world. His remarkable story looks at his life as a young RAF (Royal Air Force) flight officer who acquired diabetes overnight, and what he learned about people affected with diabetes the world over.

Included in this special day of activities will be our foot, eye, and heart screenings. These services are free to members in good standing of the Desert Diabetes Club. Anyone who wishes to join the Club is invited to do so. A one-year membership is only $20.

Remember, A Day of Hope for Diabetes® is free and open to the public, as it has been from our first A Day of Hope for Diabetes® venture in March 1996.

We look forward to seeing you there. A Day of Hope for Diabetes® Saturday, March 18, 2006, 8 a.m. to 4 p.m. Annenberg Center for Health Sciences at Eisenhower 9:00 am New Medications and Innovations for Type 2 and Type 1 Diabetes Elke Jost-Vu, MD Endocrinologist and Medical Director, Diabetes Program, Eisenhower Medical Center See Better and Longer With Diabetes Asha S. D. Nuthi, DO Retina Specialist Did You Sleep Well Last Night? Mohammad Mojarad, MD Pulmonologist, Sleep Specialist Eisenhower Medical Center How to Make Diabetes Work for You Steven Finger President, Eisenhower Desert Diabetes Club 10:00 am Let's Go Grocery Shopping Kris Moore, RD, CDE Eisenhower Medical Center Taking Care of Your Feet Michael Seiberg, DPM Podiatrist, Eisenhower Medical Center La Comunidad Hispana y la Diabetes Carlos Lopez, MD Internist, Eisenhower Medical Center Dentistry and Diabetes: Using Common Products to Reduce Dental Risk Richard Brown, DDS 11:00 am INSPIRATION PRESENTATION The Blessing of Diabetes Nicole Johnson Baker Miss America 1999 with Type 1 Diabetes The Heart and Diabetes Barry Hackshaw, MD Cardiologist, Eisenhower Medical Center El Tratamiento y las Complicaciones de la Diabetes Carlos Lopez, MD Internist, Eisenhower Medical Center How to Live With (and Still Love) Your Partner with Diabetes Morton Kurland, MD Psychiatrist, Eisenhower Medical Center 1:00 pm INSPIRATION PRESENTATION Dare to Dream Douglas Cairns Author and Pilot with Type 1 Diabetes Insulin Management Elke Jost-Vu, MD Endocrinologist and Medical Director, Diabetes Program, Eisenhower Medical Center La Nutricion: La Porcion es lo que Importa Alma Gutierrez, RN Eisenhower Medical Center Let's Talk About the Kidney and Diabetes Bryan Stone, MD Nephrologist, Eisenhower Medical Center 2:00 pm Diabetic Neuropathy Joy White, MD Physiatrist, Eisenhower Medical Center Urology and Diabetes Michael Sanford, MD Urologist, Eisenhower Medical Center Consejos Sobre la Salud y la Actividad Fisica Para el Estilo de Vida Latino Alma Gutierrez, RN Eisenhower Medical Center 3:00 pm Tweens and Teens – Diabetes and Jeopardy Cindy Donnelly, RN Eisenhower Medical Center

FREE ALL-DAY PRODUCT FAIR 9 a.m. to 1 p.m. FREE Screenings – Club Members Only Heart – Cardiology Staff Eye – Steve Simon, MD, and Jon Emberland, MD Foot – Michael Seiberg, DPM, Greg King, DPM, and Steven Ginex, DPM 11:45 a.m. to 1 p.m. Dietitian-Approved Lunch Lunch tickets on sale 8 a.m. to 1 p.m. For more information call 760-773-1578 or visit www.emc.org/ddc.

EVENTS A DAY OF HOPE FOR DIABETES® March 18, 8 a.m. to 4 p.m. DIABETES Sponsored by Desert Diabetes Club April 19, 2 to 3 p.m. Call 760-773-1578 for information or reservations. Annenberg Center for Health Sciences at Eisenhower.

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