A Vision Of Growth, A Commitment To Health

G. Aubrey SerflingPresident and Chief Executive OfficerEisenhower Medical Center

As a new year begins, many people take time to reflect on important matters, including personal health. I hope you will turn to each issue of Healthy Living this year to broaden your knowledge about health issues and to find helpful tips for your well-being.

In the Winter 2008 Healthy Living, golf champion and sports commentator Ken Venturi shares his very personal and remarkable story in “Playing by Heart.” Known as “the comeback kid,” Ken’s career and life have been strongly influenced by a variety of health concerns, but the most dramatic event was a heart attack he suffered in 2006. “There is no history of heart disease in my family, no heart problems,” says Ken. “I hit golf balls every day. I thought this couldn’t happen to me.” Eisenhower’s Joseph Wilson, MD, Board Certified Cardiothoracic Surgeon, performed a five-way bypass and repaired Ken’s mitral valve, giving Ken perhaps his most significant comeback ever.

In addition to Ken’s story, we bring to light a number of other topics related to cardiac health throughout the issue, including heart failure, a long-term clinical disorder affecting more than five million Americans.Moderated by Eisenhower’s Philip Shaver, MD, the “Physicians Roundtable” includes Leon Feldman, MD, Board Certified Cardiologist/Electrophysiologist, and Mary Jo Killen, RN, BSN, who discuss improving the quality of life of patients with heart failure through clinical intervention and education. Eisenhower’s Glickman Heart Failure Clinic offers staff specially trained in heart failure management and a variety of educational programs open to the community.

As we begin a new year, all of us at Eisenhower Medical Center look forward to the many exciting events that lie ahead. A recent $20 million gift made by George and Julia Argyros will enable a vision to become a reality as we build a new facility named in their honor in La Quinta. In “Healthy Giving,” George and Julia reflect upon philanthropy, service and the value of giving, and we share the details about the groundbreaking for this new addition to Eisenhower’s services. In “What’s New,” Healthy Living also brings you an update on the construction of the new Walter and Leonore Annenberg Pavilion, which will provide more than 160 new inpatient beds.

Our growth reflects our ongoing commitment to you and your health care needs.We appreciate your feedback and support and invite your responses to Eisenhower’s Healthy Living magazine via e-mail to HLeditor@emc.org. With warm wishes for good health in the new year,

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