October is Breast Cancer Awareness Month

Topics ranging from reducing the risks of breast cancer to breast reconstruction after mastectomy will be the focus of Eisenhower Medical Center's FREE community lectures offered throughout the month of October — recognized nationally as Breast Cancer Awareness Month.

Specialists in diagnostic radiology, nutrition, radiation oncology and medical oncology will provide important information and updates on topics that matter most to breast cancer patients and survivors. "Eisenhower is proud to offer breast cancer patients, survivors and their loved ones our free community lectures," says Lilli Mandelik, Director, Eisenhower Lucy Curci Cancer Center. "We understand that being diagnosed with cancer, having a loved one diagnosed or going through treatment can be daunting. These lectures provide the most up-to-date information so patients and their families can make informed decisions about their health and treatment options."

The lectures are FREE and open to the public (see schedule below). Lectures will be held at various locations.

To register or for more information, please visit emc.org/calendar

Schedule of Events

Lifestyle and Breast Cancer…Reducing Your Risk
Argyros Health and Wellness Series
Patricia Avila, MD, Medical Director, Eisenhower Wellness Institute
Megan Foster, MD, Board Certified in Diagnostic Radiology
Thursday, October 6, 5:30 to 7 p.m.

Understanding Your Breast Cancer Pathology
Lunch and Learn with the Expert
Jeannette McCarroll, MS, PA (ASCP), Pathologist Assistant
Wednesday, October 12, noon to 1:30 p.m.

Food, Fatigue and Breast Cancer
Carolyn Katzin, MS, CNS, MNT, Nutrition Specialist
Thursday, October 13, 4 to 5 p.m.

Update on Breast Cancer Treatment Options

Monica Khanna, MD, Board Certified in Radiation Oncology; Iliana Popescu, MD, Board Certified in Medical Oncology; Peter Schulz, MD, Board Certified in General Surgery. Includes dinner.
Wednesday, October 19, 5:30 to 7 p.m.

Breast Reconstruction: Options After Mastectomy

Andrew Hayduke, MD, Board Certified in Plastic Surgery

Thursday, October 20, 4 to 5 p.m.

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