

# calendar

## **Getting to Know Your Gynecologist LQ**

### *Woman to Woman Series*

TU, Jan 17, 3 to 4 p.m.

Andrea Randall, MD, Gynecology/Obstetrics

760-610-7205 [Read More](#)

## **Food Matters: Nutritious Eating and Choices PL**

### *Palm Springs Library Series*

TU, Jan 17, 6 to 7 p.m.

David Neumann, MD, Family Medicine; Chef Greg Schmitz, Palm Greens Café, Palm Springs

760-969-7770, extension 7560 [Read More](#)

## **Breast Cancer: Sentinel Lymph Node Biopsy LC**

Lunch and Learn with the Expert

W, Jan 18, Noon to 1:30 p.m.

Evelyn “Lillian” Kachikwu, MD, General Surgery and fellowship trained in Surgical Oncology

760-834-3798 by Jan 17 [Read More](#)

## **Nutrition for Diabetes AC**

### *Sponsored by Desert Diabetes Club*

W, Jan 18, 2 to 3 p.m.

Gustavo Wong, RD, HFS, CDE, Diabetes Program

760-773-1578 [Read More](#)

## **Fingers to Shoulders AC**

### *Eisenhower Desert Orthopedic Series*

TH, Jan 19, 5:30 to 7 p.m.

Orthopedic Surgeons\* Stephen O’Connell, MD and Patrick St. Pierre, MD

760-568-1234 [Read More](#)

## **Age Is Not a Factor: Achieve an Active Lifestyle LQ**

M, Jan 23, 2 to 3 p.m.

Bill Bell, athlete; Patricia Avila, MD, MPH, Medical Director, Eisenhower Wellness Institute; and

Kim Bloom, BS, Exercise Physiologist

760-610-7205 by Jan 21. [Read More](#)

## **Hormones and Health: Sorting Through the Headlines AC**

TH, Jan 26, 5:30 to 6:30 p.m.

Elisa Lindley, MD, Gynecology\*/Oncology\*

760-568-1234 [Read More](#)

## **Oh, My Aching Knees! LQ**

Argyros Health and Wellness Series

TH, Feb 2, 5:30 to 7 p.m.

Jason Weisstein, MD, MPH, FACS, Orthopedic Surgery

760-610-7205 by Jan 31. [Read More](#)

## **Cancer Treatment Side Effects: How Hyperbaric Oxygen Therapy Can Help LC**

M, Feb 6, 1 to 2 p.m.

Sofia Peterson, MD, Internal Medicine/Geriatric Medicine, subspecialty in Wound Care/Hyperbaric Medicine

760-834-3798 [Read More](#)

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