calendar

Getting to Know Your Gynecologist LQ
Woman to Woman Series
TU, Jan 17, 3 to 4 p.m.
Andrea Randall, MD, Gynecology/Obstetrics
760-610-7205 Read More

Food Matters: Nutritious Eating and Choices PL
Palm Springs Library Series
TU, Jan 17, 6 to 7 p.m.
David Neumann, MD, Family Medicine; Chef Greg Schmitz, Palm Greens Café, Palm Springs
760-969-7770, extension 7560 Read More

Breast Cancer: Sentinel Lymph Node Biopsy LC
Lunch and Learn with the Expert
W, Jan 18, Noon to 1:30 p.m.
Evelyn "Lillian" Kachikwu, MD, General Surgery and fellowship trained in Surgical Oncology
760-834-3798 by Jan 17 Read More

Nutrition for Diabetes AC
Sponsored by Desert Diabetes Club
W, Jan 18, 2 to 3 p.m.
Gustavo Wong, RD, HFS, CDE, Diabetes Program
760-773-1578 Read More

Fingers to Shoulders AC
Eisenhower Desert Orthopedic Series
TH, Jan 19, 5:30 to 7 p.m.
Orthopedic Surgeons* Stephen O'Connell, MD and Patrick St. Pierre, MD
760-568-1234 Read More

Age Is Not a Factor: Achieve an Active Lifestyle LQ
M, Jan 23, 2 to 3 p.m.
Bill Bell, athlete; Patricia Avila, MD, MPH, Medical Director, Eisenhower Wellness Institute; and Kim Bloom, BS, Exercise Physiologist
760-610-7205 by Jan 21. Read More

Hormones and Health: Sorting Through the Headlines AC
TH, Jan 26, 5:30 to 6:30 p.m.
Elisa Lindley, MD, Gynecology*/Oncology*
760-568-1234 Read More

Oh, My Aching Knees! LQ
Argyros Health and Wellness Series
TH, Feb 2, 5:30 to 7 p.m.
Jason Weisstein, MD, MPH, FACS, Orthopedic Surgery
760-610-7205 by Jan 31. Read More

Cancer Treatment Side Effects: How Hyperbaric Oxygen Therapy Can Help LC
M, Feb 6, 1 to 2 p.m.
Sofia Peterson, MD, Internal Medicine/Geriatric Medicine, subspecialty in Wound Care/Hyperbaric Medicine
760-834-3798 Read More
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