

Ninth Annual Community Heart Conference

Eisenhower Smilow Heart Center and The American Heart Association Sponsor



Dr. Philip Shaver addresses attendees at the Ninth Annual Heart Conference, where he discussed the tragedies and triumphs in 40 years of treating Acute Myocardial infarction.

According to the Centers for Disease Control and Prevention, cardiovascular diseases, including heart disease and stroke, account for more than one third of all deaths in the United States. Fortunately, many forms of heart disease can be prevented or treated with healthy lifestyle choices, such as not smoking, eating a heart-healthy diet, and exercise. Equally important in the fight against heart disease is education.

On February 4, Eisenhower Smilow Heart Center and the American Heart Association presented the Ninth Annual Community Heart Conference. Held at the Annenberg Center for Health Sciences at Eisenhower and open to the public, the free conference featured keynote speaker Philip Shaver, MD, Board Certified Cardiologist and recipient of the Eisenhower Medical Center Auxiliary's 2011 Distinguished Service Award. Dr. Shaver discussed From Tragedy to Triumph — 40 Years of Treating Acute Myocardial Infarction.

The conference included a full day of lectures, demonstrations on various topics about heart disease and stroke (delivered by physicians, nurses, and allied health professionals), and tabletop displays offering information on topics ranging from nutrition, exercise, cholesterol and blood pressure, to signs of a heart attack, and sex and heart disease.

Eisenhower physicians speaking at the conference included Michael Bagheri, MD; Hassan Bencheqroun, MD; Bruce Bornfleth, MD; Andrew Frutkin, MD; Puneet Khanna, MD and Joseph Wilson, MD.