

# Calendar

## **Medicare, Part D — Prescription Drug Plans AC**

M, Oct 22, 2 to 3 p.m.

Barbara Smith, LVN, and Susan Heggie, Manager, Eisenhower Indian Wells Healthy Living Resource Center

Call 760-568-1234 to register.

[Read More](#)

## **Sleep — What's Keeping You Awake? TC**

W, Oct 24, 10 to 11:30 a.m.

Jill A. Sanderson, RPSGT, REEGT, RST, Manager, Sleep Center and Neurology Departments  
760-969-7770, extension 7560

[Read More](#)

## **Early Stage Breast Cancer Treatment Options LC**

TH, Oct 25, 5:30 to 7 p.m.

Iliana Popescu, MD, Medical Oncologist\*

760-834-3798. Complimentary dinner; register by Oct 23. [Read More](#)

## **Living Well with a Cancer Diagnosis LC**

M, Oct 29, Noon to 1:30 p.m.

Beth Mulligan, PA-C, Stress Management Specialist

760-834-3798. Complimentary lunch; register by Oct 26. [Read More](#)

## **Progress in the Treatment of Lung Cancer LC**

TU, Nov 6, 5:30 to 7 p.m.

Davood Vafai, MD, Medical Oncology\*

760-834-3798. Complimentary light dinner; register by Nov 5. [Read More](#)

## **Holistic Health Experience LQ**

W, Nov 7, 1:30 to 4:30 p.m.

Patricia Avila, MD, MPH, Eisenhower Wellness Institute

Details at [emc.org/calendar](http://emc.org/calendar).

760-610-7205. Food and spice tasting; register by Nov 6. [Read More](#)

## **Lifestyle Secrets to Live Long and Healthy AC**

F, Nov 9, 12:30 to 3:30 p.m.

Various lectures and a health expo. Details at [emc.org/calendar](http://emc.org/calendar).

760-568-1234. Register by Nov 8.

[Read More](#)

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