

# Every Step of the Way

## Eisenhower Joint Replacement Center Restores Quality of Life One Joint at a Time



Eisenhower Medical Center was awarded HealthGrades Orthopedic Surgery and Joint Replacement Excellence Awards

Low complication rates, low morbidity, reduced recovery times, a team of professionals in place for more than 20 years – it is that kind of consistency and unparalleled success that makes the Eisenhower Joint Replacement Center a cut above. The Center, offering patients relief from painful joint disease and complications, was recently recognized by HealthGrades® as #1 in the state of California for joint replacements.

Eisenhower Medical Center's Orthopedic Surgery program received a five star rating from HealthGrades recognizing its high volume of both hip and knee replacements – in some cases seven times higher than its direct competitors. In addition, HealthGrades found that the increased survival rate associated with five star rated hospitals means there is a 71 percent lower chance of mortality in a five star rated hospital as compared with a one star rated hospital and a 52 percent lower risk of mortality in a five star rated hospital in comparison with the United States hospital average.

Eisenhower Joint Replacement Center has created the highest standards of care for its patients including pre and post-pain management and rehabilitation that begin immediately after surgery to help patients regain strength and range of motion.

According to Eisenhower Medical Center's Administrative Director, Surgical Services, Lynn Hart, the Center's small multidisciplinary team is truly cohesive. "Some of the orthopedic doctors at the Eisenhower Joint Replacement Center have had the same team in place for at least two decades," says Hart. "This team is on eight hours a day, five days a week. The other total joint physicians have also started building their teams. Bottom line, we have a lot of longevity in this department. I sometimes jokingly say we have hundreds of years of operating room experience in our staff, but essentially it is true. We also have a wing of the hospital where our nurses are specially trained in orthopedics and work closely with the physicians and only work with orthopedics patients. Additionally, our staff members are cross trained in all specialties but teams are put into the specialties, and with the doctors who they work with regularly to keep building the teamwork and the skill of the team working together." "Eisenhower Medical Center's Orthopedic Surgery program received a five star rating from HealthGrades recognizing its high volume of both hip and knee replacements – in some cases seven times higher than its direct competitors."

The Center's team of professionals is focused on a comprehensive continuum of care, with extensive patient education at the core of the program. "Every patient is given the opportunity to attend a weekly teaching class for patients and their families held at the Eisenhower Joint Replacement Center," says Robert W. Murphy, an Eisenhower Medical Center Board Certified Orthopedic Surgeon. "The class is about an hour and a half and it walks them through every step of the procedure from the surgery, to all the exercises they will be doing, to rehabilitation, pain management, what to expect, risks, complications, etc. Patients also receive a handbook that details the experience and there is a daily newsletter that provides another form of communication. So patients have an opportunity to be extremely well informed about their experience. Everything is there for them. The ultimate goal is for them to understand their experience fully and feel they are in the loop."

With arthritis affecting one in eight Americans, Eisenhower Joint Replacement Center – now an Orthopedic Center of Excellence – is dedicated to combating the affects of the disease and restoring mobility and independence to people struggling with joint problems. The Center is poised for a bright future with plans for an orthopedic hospital in the works that will include 16 surgical units and 72 beds for joint replacement patients.

2008 Ratings		
Total Knee Replacement Surgeries by Volume		
Hospital Name	No. of Cases	Rating
Five Star Rated Hospitals Average	446	
National Average	262	
<b>Eisenhower Medical Center</b>	<b>1,175</b>	<b>*****</b>
Massachusetts General Hospital (Harvard) Boston, MA	832	*****
Mayo Clinic Hospital Phoenix, AZ	740	*
Stanford Hospital, Stanford, CA	730	*****
Cedars-Sinai Medical Center	792	*
University of Southern California, Los Angeles, CA	252	*
John F. Kennedy Memorial Hospital, Indio, CA	288	*****

2004 – 2006 MedPar data provided by HealthGrades®.

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