

The Holidays are Here!

Has the holiday season crept up on you? The holiday season usually brings added stress to our lives so take time to care for yourself. Be sure to check out the left column for the free community lectures that Eisenhower sponsors.. Many focus on healthy eating which is especially challenging this time of year.

Baseball fans...don't miss hearing Hall of Famer Johnny Bench speak on December 13. It's a potluck!

As usual, there are many exciting things happening at Eisenhower! This month we are announcing our new partnership with Walgreens and our reaccreditation as a Chest Pain Center.

~Happy Thanksgiving from Eisenhower Medical Center~

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