

# White House Briefing On Cardiovascular Health

## Eisenhower Physician Invited to Participate



In 2012, Eisenhower Cardiologist **Charlie Shaeffer, Jr., MD** met with senior White House officials as part of a discussion with community leaders who are actively involved in the prevention, treatment and research of cardiovascular disease and stroke.

"The Obama administration hopes to energize health care advocacy at the community level. The topics they covered included the tobacco/smoking policy, access to quality cardiovascular care, reducing health disparities in women and minorities and cardiovascular research," says Dr. Shaeffer. "Tobacco control has been a huge victory and a great example of how public policy influences the outcome of health care."

Break-out sessions at the briefing included Promoting Healthy Eating and Reducing Childhood Obesity through Nutrition Policy; Clean Air Policy to Improve Cardiovascular Health; Promoting Physical Activity through Policy and the Built Environment; and Tobacco/Smoking Policy.

Invited to participate in the White House briefing on behalf of the American Heart Association®, Dr. Shaeffer has volunteered more than three decades of service to the American Heart Association with invaluable contributions toward tobacco control, obesity prevention, and heart disease and stroke research funding. He has been recognized with the American Heart Association Gold Heart Award, Volunteer Advocate of the Year Award, and the Jefferson Award Certificate, among many other awards.