

Contributors Jul - Aug 2005



Paula Peck, RD Paula Peck is a Registered Dietitian and Clinical Nutrition Manager at Eisenhower Medical Center. She received her BS degree in Dietetics from Winthrop University. Paula has been employed by Morrison Healthcare, Inc. for 15 years and has served in a variety of roles for the company. A member of the American Dietetic Association and the American Stroke Association, Paula has also served as the Legislative Liaison for the Columbia Dietetic Association.

Derek Spinney, PT, CSCS Derek Spinney, Director of Rehabilitation Services, Eisenhower Medical Center, has 21 years of experience in the field of Physical Therapy specializing in orthopedics, geriatrics and neurological rehabilitation. He is currently the Chief Representative of the Inland Counties District of the American Physical Therapy Association and has recently achieved distinction as a Certified Strength and Conditioning Specialist.

Roxanne Jones Roxanne Jones is a Palm Desert-based freelance writer with extensive experience writing about medical and health-related topics. She began her medical writing career as director of communications for the Massachusetts Medical Society. Today, she writes for hospitals, medical device companies and other health care-related entities across the United States. She is a frequent contributor to Healthy Living magazine.

Michael D. Landes Michael Landes is President, Eisenhower Medical Center Foundation, and Public Relations and Marketing. A graduate of Stanford University, Mr. Landes spent the 14 years prior to coming to Eisenhower growing one of the nation's largest live recording firms, the Landes Slezak Group. He also served as Mayor of Indian Wells from 1997 to 1998.