

# First-Ever Wellness Matters Speaker Series Begins January 7

Special Discount for 365 Members!



Eisenhower Medical Center understands that wellness matters to all Coachella Valley residents. Which is why the valley's only not-for-profit hospital is launching their first-ever **Wellness Matters Speaker Series** beginning Tuesday, January 7 in the Helene Galen Auditorium located at the Annenberg Center for Health Sciences at Eisenhower in Rancho Mirage.

Presented by the newly reimagined **Eisenhower Wellness Institute**, Wellness Matters will bring world-renowned authors and physicians to Rancho Mirage to discuss diverse topics ranging from nutrition and obesity to living life to the fullest and what happens in the afterlife. "This new lecture series underscores Eisenhower Medical Center's continued commitment to serving Coachella Valley residents," says Jeralyn Brossfield, MD, Medical Director, Eisenhower Wellness Institute. "And, to fresh, new approaches for educating and inspiring our community to live longer, healthier lives."

Ticket prices range from \$85 for a single lecture or \$300 for the series. For more information about the speakers and to purchase tickets, [click here](#) or visit [emc.org/wellness](http://emc.org/wellness).

**The first lecture on January 7 will feature Dr. Wayne Andersen, New York Times Bestselling Author.** One of the nation's foremost physicians in nutritional intervention, Dr. Andersen has built an integrated support system that helps people make changes to reach optimal health. While most experts focus on "the how," Dr. Andersen — Medical Director of Take Shape For Life — will show you why all permanent change must start with "the why."

**An Exclusive Offer for Our 365 Program Members!**

**Tickets for Dr. Anderson's lecture will be discounted from \$85 to \$40 beginning on Monday, January 6. Please call 760-610-7360 for tickets.**

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