

Calendar

Quit Smoking Now! Series LC

760-834-3798; call for information. [Read More](#)

Osteoporosis AC

M, Feb 3, 11 a.m. to noon

Richard Fausel, DO, Certified Clinical Densitometrist; Danielle Meglio, COTA-C, MLD/CDT, Occupational Therapy

760-568-1234 [Read More](#)

Parkinson's Disease 101: Basic Concepts AC

TU, Feb 4, 5:30 to 6:30 p.m.

Samir Macwan, MD, Psychiatry/Neurology and Neuromuscular Medicine; Seymour Young, MD, Psychiatry/Neurology

760-568-1234 [Read More](#)

Healthy Dining Out AC

M, Feb 10, 1 to 2 p.m.

Eisenhower Clinical Dietitian

760-568-1234 [Read More](#)

Chocolate and Other Heart-Healthy Foods PL

Palm Springs Public Library Series

TU, Feb 11, 6:30 to 7:30 p.m.

James Gaede, MD, Family Medicine

760-834-7956 [Read More](#)

Relationship Between Nutrition, Obesity and Diabetes AC

Wellness Matters Lecture Series

TU, February 11, 6 to 8 p.m.

Dr. Peter Attia, President, Nutrition Science Initiative

Dr. Attia is devoted to testing assumptions about the relationship between nutrition, obesity and diabetes. [Read More](#)

Minimally Invasive Heart Surgery AC

W, Feb 12, 4:30 to 5:30 p.m.

Joseph Wilson, MD, Surgery/Thoracic Surgery; Seemal Mumtaz, MD, Cardiothoracic Surgery

760-568-123. [Read More](#)

Addressing Cardiovascular Risk Factors for Heart Health MZ

Mizell Senior Center Series

TH, Feb 13, 1 to 2 p.m.

Andrew Frutkin, MD, Cardiology* and Interventional Cardiology

760-834-7956

Diabetes and Your Heart AC

Desert Diabetes Club

W, Feb 19, 2 to 3 p.m.

Philip Patel, MD, Cardiology

760-773-1578 [Read More](#)

What We're Up Against! In-Depth Look at Designer Drug Culture AC

Alcohol & Other Drugs Awareness Hour

SA, Feb 22, 9 to 11 a.m.

Mandy Neeble, PsyD, Northbound Treatment Services, Newport Beach

Free and open to the public.

760-773-4342 or visit bettyfordcenter.org. [Read More](#)

CALENDAR KEY

Most classes and lectures are free and early registration is recommended. For a full listing of lectures, events, programs and support groups, visit emc.org/calendar. Online registration is available for most events.

AC Annenberg Center for Health Sciences at Eisenhower

LC Eisenhower Lucy Curci Cancer Center

MZ Mizell Senior Center, Palm Springs

PL Palm Springs Public Library

[Would you like to have someone from Eisenhower Medical Center speak to your organization on a health-related topic? Please contact Vanessa Shanks at 760-834-7956 for more information.](#)

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