

# EISENHOWER MEDICAL ASSOCIATES

## New Patient Worksheet

| Date:7  |                     |   |                      |
|---|---------------------|---|----------------------|
| Personal Information (Please PRINT  Patient Name  |                     | Date of Birth<br>Gender<br>E-mail   | M F  State of Health |
| Health Considerations   |                     |   |                      |
| Advanced Directive Y N Organ Donor Y N  *E  Medical Information   | Bring copy with you |   |                      |
| Main concern(s) that brought you in tod  1.  2.  3.  Medication Allergies / Reaction:  Other Allergies: |                     | Immunizatio Flu Tetanus TB Hepatitis B Pertussis(whoo) Hepatitis A Shingles Pneumonia V | ping cough)          |
| Tests / Procedures Da   | ate                 | Where was   | procedure done?      |
| Colonoscopy Y N<br>Mammogram Y N  |                     |   |                      |

### **Medical Conditions**

(Conditions you currently have or have had in the past) Please indicate the date of diagnosis.

|                     | Date |                    | Date |
|---------------------|------|--------------------|------|
| AIDS                |      | Herpes             |      |
| Alcoholism          |      | High cholesterol   |      |
| Anemia              |      | Hypertension       |      |
| Anorexia            |      | Kidney disease     |      |
| Arthritis           |      | Liver disease      |      |
| Asthma              |      | Measles            |      |
| Bleeding disorders  |      | Migraine headaches |      |
| Breast lump         |      | Miscarriage        |      |
| Bronchitis          |      | Mononucleosis      |      |
| Bulimia             |      | Multiple sclerosis |      |
| Cancer              |      | Mumps              |      |
| Cataracts           |      | Pneumonia          |      |
| Chemical dependency |      | Polio              |      |
| Chicken pox         |      | Prostate problem   |      |
| Diabetes            |      | Psychiatric issues |      |
| Dementia            |      | Rheumatic fever    |      |
| Emphysema           |      | Scarlet fever      |      |
| Epilepsy            |      | Stroke             |      |
| Glaucoma            |      | Suicide attempt    |      |
| Goiter              |      | Thyroid problems   |      |
| Gonorrhea           |      | Tonsillitis        |      |
| Gout                |      | Tuberculosis       |      |
| Heart disease       |      | Ulcers             |      |
| Hepatitis           |      | Vaginal infections |      |
| Hernia              |      | Venereal disease   |      |

| Any additional details regarding the above items: |  |  |  |  |      |
|---|--|--|--|--|------|
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|   |  |  |  |  |      |

\* Please bring all Medications and Supplements/Vitamins with you to your first appointment.

|      |                | Prescription | on Medications    |          |               |
|------|----------------|--------------|-------------------|----------|---------------|
| Name | Strength       | How Often    | Reason for taking | How Long | Prescribed by |
|      | /Dose          |              |                   |          |               |
|      |                |              |                   |          |               |
|      |                |              |                   |          |               |
|      |                |              |                   |          |               |
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|      |                |              |                   |          |               |
|      |                |              |                   |          |               |
|      | (              | over The Co  | unter Medications |          |               |
| Name | Strength /Dose | How Often    | Reason for taking | How Long | Prescribed by |
|      | 72000          |              |                   |          |               |
|      |                |              |                   |          |               |
|      |                |              |                   |          |               |
|      |                |              |                   |          |               |
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|      |                |              |                   |          |               |
|      |                | <u> </u>     | / G 1             |          |               |
| N    | l a. 1         | Vitamins     | / Supplements     | 111      | D 21.1        |
| Name | Strength       | How Often    | Reason for taking | How Long | Prescribed by |
|      | /Dose          |              |                   |          |               |

| Previous Surgeries / Hospitalization | Date      | Treating Physician |
|--------------------------------------|-----------|--------------------|
|                                      |           |                    |
|                                      |           |                    |
| Present Specialists that you see:    |           |                    |
| Name                                 | Specialty | Phone Number       |
|                                      |           |                    |
|                                      |           |                    |
|                                      |           |                    |

# Health Status

| General Health             | NO | YES | Respiratory                           | NO | YES |
|----------------------------|----|-----|---------------------------------------|----|-----|
| Fatigue                    |    |     | Shortness of breath                   |    |     |
| Weight loss                |    |     | Chronic cough                         |    |     |
| Weight gain                |    |     | Blood in sputum                       |    |     |
| Fevers                     |    |     | Wheezing                              |    |     |
| Chills                     |    |     | Chest wall pain                       |    |     |
| ENO                        | NO | YES | Heart                                 | NO | YES |
| Double vision              |    |     | Chest pain                            |    |     |
| Blurred vision             |    |     | Heart palpitations or pounding        |    |     |
| Light sensitivity          |    |     | Irregular heart rate                  |    |     |
| Reduced vision             |    |     | Shortness of breath /lying down       |    |     |
| Eye redness                |    |     | Shortness of breath while sleeping    |    |     |
| Eye itching or discharge   |    |     | Swollen legs or feet                  |    |     |
| Eye pain                   |    |     | Leg pain or cramps at rest or walking |    |     |
| Wear glasses               |    |     | Breast Health                         | NO | YES |
| Glaucoma                   |    |     | Discharge from nipple                 |    |     |
| Cataracts                  |    |     | Breast tenderness                     |    |     |
| Ears                       | NO | YES | Breast mass                           |    |     |
| Ear discharge              |    |     | Gastrointestinal                      | NO | YES |
| Ear pain                   |    |     | Loss of appetite                      |    |     |
| Ringing or buzzing in ears |    |     | Difficulty swallowing                 |    |     |
| Hearing loss               |    |     | Abdominal pain                        |    |     |
| Nose / Throat              | NO | YES | Nausea                                |    |     |
| Nasal /sinus congestion    |    |     | Vomiting                              |    |     |
| Nasal discharge            |    |     | Change in bowel habits                |    |     |
| Postnasal drip             |    |     | Diarrhea                              |    |     |
| Sneezing                   |    |     | Constipation                          |    |     |
| Nose bleeds                |    |     | Blood in stool                        |    |     |
| Sore throats               |    |     | Hemorrhoids                           |    |     |
| Bleeding gums              |    |     |                                       |    |     |
| Hoarse voice               |    |     |                                       |    |     |

# Health Status Continued

| Male health                      | NO | YES | Skin                                | NO | YES |
|----------------------------------|----|-----|-------------------------------------|----|-----|
| Painful urination                |    |     | Rash                                |    |     |
| Blood in urine                   |    |     | Change in mole/lesion (size, color) |    |     |
| Urethral discharge               |    |     | Dry skin                            |    |     |
| Slowing of urinary stream        |    |     | Itching of skin                     |    |     |
| Dribbling of urine               |    |     | Nail problem                        |    |     |
| Awaken in night to urinate       |    |     | Neurologic                          | NO | YES |
| Testicular mass                  |    |     | Headache                            |    |     |
| Testicular pain                  |    |     | Dizziness                           |    |     |
| Erectile dysfunction             |    |     | Lightheadedness                     |    |     |
| Female health                    | NO | YES | Loss of consciousness               |    |     |
| Increased frequency of urination |    |     | Vertigo                             |    |     |
| Painful urination                |    |     | Weakness                            |    |     |
| Blood in urine                   |    |     | Numbness                            |    |     |
| Awaken in night to urinate       |    |     | Abnormal skin sensation-tingling    |    |     |
| Urinary leakage / incontinence   |    |     | Tremor of hands - head              |    |     |
| Vaginal discharge                |    |     | Psychiatric                         | NO | YES |
| Abnormal vaginal bleeding        |    |     | Difficulty sleeping                 |    |     |
| Pelvic pain                      |    |     | Mood swings                         |    |     |
| Menstrual problem                |    |     | Feeling anxious                     |    |     |
| Menopausal problem               |    |     | Feeling depressed                   |    |     |
| Vaginal dryness                  |    |     | Confusion                           |    |     |
| Painful intercourse              |    |     | Memory loss                         |    |     |
| Last menstrual period Date:      |    |     | Endocrine                           | NO | YES |
| Hematology                       | NO | YES | Excessive appetite                  |    |     |
| Swollen glands                   |    |     | Excessive thirst                    |    |     |
| Lymph node tenderness            |    |     | Excessive urination                 |    |     |
| Anemia                           |    |     | Thyroid problems                    |    |     |
| Bruises easily                   |    |     | Intolerant of cold                  |    |     |
| Bleeds easily                    |    |     | Intolerant of heat                  |    |     |
| Musculoskeletal                  | NO | YES | Immunologic                         | NO | YES |
| Neck stiffness                   |    |     | Hives                               |    |     |
| Neck pain                        |    |     | Susceptibility to infections        |    |     |
| Back stiffness                   |    |     | Impaired wound healing              |    |     |
| Back pain                        |    |     |                                     |    |     |
| Joint swelling                   |    |     |                                     |    |     |
| Join pain                        |    |     |                                     |    |     |
| Limitation of joint movement     |    |     |                                     |    |     |
| Muscle pain                      |    |     |                                     |    |     |

### Family History

| Relation | Age | State of<br>Health | Age at<br>Death | Cause of Death | use of Death Check if your blood relatives had any of the following: |                       |                 |
|----------|-----|--------------------|-----------------|----------------|--|-----------------------|-----------------|
| Father   |     |                    |                 |                | ✓  | Disease               | Relation to you |
| Mother   |     |                    |                 |                |  | Cancer                |                 |
| Brothers |     |                    |                 |                |  | Diabetes              |                 |
|          |     |                    |                 |                |  | Heart Disease, Stroke |                 |
|          |     |                    |                 |                |  | High Blood Pressure   |                 |
|          |     |                    |                 |                |  | Tuberculosis          |                 |
|          |     |                    |                 |                |  | Mental health problem |                 |
| Sisters  |     |                    |                 |                |  | Alcohol or drug abuse |                 |
|          |     |                    |                 |                |  | Osteoporosis          |                 |
|          |     |                    |                 |                |  |                       |                 |
|          |     |                    |                 |                |  |                       |                 |
|          |     |                    |                 |                |  |                       |                 |

### Pregnancies

| Pregnancies           | Number | Complications if any |
|-----------------------|--------|----------------------|
| Full term pregnancies |        |                      |
| Full term births      |        |                      |
| Premature births      |        |                      |
| Vaginal births        |        |                      |
| C-sections            |        |                      |

#### **Health Habits**

| Check (✓) which substances you use and describe how much you use. |  |  |  |  |
|---|--|--|--|--|
| Caffeine  |  |  |  |  |
| Tobacco   |  |  |  |  |
| Drugs   |  |  |  |  |
| Alcohol   |  |  |  |  |
| Other   |  |  |  |  |

#### Occupational Exposure

| Occ | cupation:   |
|-----|---|
| Cho | eck ( ✓) if your work exposes you to the following. |
|     | Heavy lifting                                       |
|     | Chemicals/dust                                      |
|     | Other   |
|     |   |

Data Entered \_\_\_\_\_\_ by \_\_\_\_\_

#### Exercise

| Type of exercise | How often |
|------------------|-----------|
|                  |           |
|                  |           |
|                  |           |
|                  |           |

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

| Signature | Date |  |
|-----------|------|--|
| <i>-</i>  |      |  |